

Guidance, support and information

Limbs 4 Life Peer Support Volunteers can offer you guidance, support and information. They have lived experience of amputation and can help alleviate feelings of isolation and provide a listening ear.

Whether the cause of your amputation was diabetes, vascular disease, cancer, trauma or infection, we can match you with someone who has been in a similar situation to your own.

The Peer Support Program offers:

- One on one peer support visits
- A First Response Kit for new amputees
- 'A Practical Guide for Amputees' Handbook
- Access to publications, information and resources

Requesting a visit is easy.

Contact us directly, through a family member or health care provider.

P 1300 78 2231 (Toll Free)

E peersupport@limbs4life.org.au

W limbs4life.org.au

Go to our website to request a visit today.

**Making a real
difference together**



Limbs 4 Life™
Empowering Amputees



Peer Support Program

For amputees, their families and caregivers