

Important things to consider when leaving rehabilitation

As an amputee, returning home to your place of residence can sometimes present some challenges. This checklist has been created to help you to think of some of the things that you may need to consider before leaving rehabilitation.



Discharge planning

- Has a discharge plan been explained to you and your loved one?
- Are you aware of the ongoing treatment plan and outpatient services?
- Do you have a date for your next appointment?
- Have you been provided with pain management solutions

Funding supports

- Do you understand what funding is available and what you are eligible for? My Aged Care/ National Disability Insurance Scheme (NDIS)/ Workcover/ Motor Vehicle Accident Insurance/ Dept of Veteran Affairs
- Has someone helped you to complete a funding application? (if relevant)

Amputee support

- Have you been provided with Limbs 4 Life information: amputee magazines, information about local amputee support groups or events?
- Have you been given the opportunity to speak with another amputee? If you would like to, please contact our office and we will arrange this for you

Healthcare providers

- Have updates and referrals been sent to your general treating healthcare providers?

Access to your home or place of residence

- Has an Occupational Therapist been to your home or place of residence and conducted an assessment?
- Are you able to access your property? (think about steps to your front door, driveway access)
- Are you able to access your toilet, bathroom, shower?
- Do you need supports at home like grip bars, handrails, shower chair/stool?
- If you are using a wheelchair, can your chair fit through doorways?

Personal Care

- Do you need support with your personal care? (showering, toileting etc?)
- Do you need access to transport support to attend follow up outpatient appointments?
- If you are an upper limb amputee, do you have access to the devices you may need for your personal hygiene, cooking and eating?