

# FACT SHEET: HEALTHCARE



## Who is the right healthcare provider to meet my needs?

### Doctor:

- Provides information and linkages to other healthcare services
- Coordinates services
- Might be your GP or rehabilitation specialist

### Physiotherapist

- Assists you to regain balance and strength
- Teaches you how to use assistive technology aids
- Develops an exercise program that suits your needs
- Helps with your gait training program

### Prosthetist:

- Assess you for a prosthesis
- Manufacture, fit and supply you with a prosthesis (if you are a suitable candidate)
- Assists with gait training
- On-going repairs and maintenance of your prosthesis

### Occupational Therapist:

- Works with you to help you to adjust to daily living activities
- Assists with the fitting of Assistive Technology such as a wheelchair
- Teaches upper-limb tasks
- Assists with home and vehicle modifications



**Limbs 4 Life™**  
Empowering Amputees





## You may also access

### Social Worker

- Advocates for you
- Assist you with financial problems
- Helps with community resources such as legal aid and accommodation

### Podiatrist

- Treats your feet and helps you to manage and maintain good foot healthcare

### Exercise Physiologist

- Will develop an exercise plan for your rehabilitation, general fitness or overall physical maintenance

### Psychologist

- Works with you to help you to overcome any emotional and mental-health issues relating to your limb loss

### Dietician

- Works with you to develop healthy meal planning options

### Diabetes Educator

- Provides education about living with and managing your diabetes

For more information or to request Peer Support call **1300 78 2231** or visit **[limbs4life.org.au](http://limbs4life.org.au)**.