



Talking to your prosthetist

Communication is important and the time you spend with your prosthetic provider is valuable, so use the time wisely. It's important to have a good working relationship with your prosthetist. During your appointments, speak openly and honestly to ensure you get the answers you need.

Preparing for your appointment

A great way to make the most of this time is to write down any questions you have prior to your appointment so that you don't get distracted and forget to ask. Take the time to explain your current situation and what you need to achieve your goals.



Questions your prosthetist should be asking you

Below you will find some of the questions that your prosthetic provider should be asking you when you attend an appointment.

- 1 What brings you here today?
(What is the purpose of your visit?)
- 2 What are some of the things that you would like to do that you currently cannot do?
- 3 What does a successful prosthetic outcome look like for you and how can I help you to get there?
- 4 What are your current interests?
(What do you like to do and why?)
Lifestyle and goals related.
- 5 What (prosthetic product/s) do you current use and what prosthetic products have you used in the past?
Of these products - what worked and what did not work?
- 6 Do you work with other therapists to ensure that you can achieve the best outcome? (For example if you are a lower limb amputee, have you worked with a physiotherapist to improve your gait? If you are an upper limb amputee have you worked with an occupational therapist to get the most out of your upper limb prosthesis?)

As a consumer, it is important that you play an active role in getting the most out of your prosthesis.



Never leave an appointment with your prosthetist without asking yourself these three questions!

- 1 Did I ask the questions I planned to ask?
- 2 Did I receive all of the answers I need?
- 3 Am I comfortable and confident on my prosthesis?