

# amplified

edition 3 | 2024

*Don't miss it!*

## AMPedUp!

educate | empower | encourage

**28 - 29 MARCH 2025**

**NATIONAL AMPUTEE CONFERENCE**

**ADELAIDE CONVENTION CENTRE**

**SPECIAL CONFERENCE EDITION**

*“ I thought the conference was amazing!  
The speakers you provided for us had  
experience and it was great to see and  
talk to a lot of different amputees and hear  
about what they get up to from day to day. ”*

CONFERENCE ATTENDEE



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E: [info@lindhe.se](mailto:info@lindhe.se)

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amputees

**amplified**  
edition 3 | 2024

## SPECIAL CONFERENCE EDITION

We're dedicating this edition of Amplified to AMPed Up, Limbs 4 Life's National Amputee Conference. The AMPed Up Conference will take place over two days, bringing together the largest group of amputees in the country.

If you're a person living with limb loss, or the family member of an amputee, don't miss this incredible opportunity to connect with your community; see the latest in prosthetic technology and assistive technology, access legal advice and information, find out about the latest in phantom limb pain research, check out recreation and sporting opportunities see vehicle modification options and much more.

**Most of all, these two days will be great fun and we can't wait to welcome you to AMPed Up Adelaide!**

**Get your ticket today**

### Tickets and registration

Your ticket covers the cost of two-day's attendance and a registration bag on arrival. Morning and afternoon tea, lunch and entry to the official welcome event with drinks and canapes.

#### Tickets:

Amputees	<b>\$260.00</b>
Partners / carers	<b>\$285.00</b>
Healthcare providers	<b>\$425.00</b>
Student	<b>\$270.00</b>

**Ticket sales close Friday 14 March 2025**

*\*Single day tickets are also available for Friday or Saturday.*

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# AMPed Up! 2025, you need to be there!

Are you an amputee and wondering if you should attend?  
Well, here are just a few great reasons why you should.



## Empower: Networking and friendship

Did you know that there are more people living with limb loss than any other physical disability in Australia?

There are thousands of amputees across this vast country of ours, and regardless of how many amputees you have or have not met, when you come to AMPed Up you'll meet many like-minded individuals and people just like you.

The Official Welcome Event at the end of Day One is a great opportunity to network with new people, catch up with friends and make new connections. Don't forget our very own band, 'Missing Bits,' made up of maestros Bruce and Andrew, will be playing incredible tunes during the festivities.





## Educate: Learn and gain knowledge

The program is filled with speakers and presentations from an amazing range of professionals and 'everyday' people who have had some remarkable experiences. Presenters will share some valuable insights from a wide range of topics like, living with amputation, ideas to help you move forward, tips on getting what you need and how to go about it. You will also hear some very moving stories from amputees who have successfully adapted to limb loss and are living fulfilled lives.

In the Exhibition Hall you can marvel at the products and services on offer. With fabulous displays and interactive options, you can speak with prosthetic companies, lifestyle solution businesses and vehicle modification experts. Make sure that you drop by the Limbs 4 Life stand to pick up official conference merchandise, or jump onto our online store and browse the product options.



## Encourage: Be inspired

Whether it's the people you meet, the speakers and presenters that you listen to or the products and services on show, AMPed Up will encourage you to get the most out of your life following amputation. Remember, you are only limited by your own imagination.

# AMPed Up! National Amputee Conference Funding Assistance Information

If you are over 65 years and would like to attend AMPed Up, funding assistance may be available to you. If you are currently receiving the Disability Support Pension (DSP), Age Pension or hold a Health Care Card, Limbs 4 Life may fund:

- Conference tickets for you and your partner or carer
- Travel or accommodation costs up to \$200 if you're attending AMPed Up from interstate
- Travel costs up to \$100 if you reside in regional South Australia
- If wish to apply for funding assistance please complete an Application Form, available on our website or you can call the office and we'll send one to you.
- Applications close on Monday 16 December 2024, OR EARLIER if funding has been expended.

## NDIS Participants:

- If you are funded by the National Disability Support Scheme, and **Plan Managed** contact your support coordinator and request that your ticket is funded through your NDIS Plan. Limbs 4 Life can issue a Tax Invoice upon request.
- If you **self-manage** your NDIS plan, we can arrange an invoice for you.
- Conference ticket costs come under the 'Improved Daily Living' or 'Improved Social and Community Participation' sections of your NDIS plan.
- If you have any questions or require assistance, please contact us today.



Here's what some of the attendees from our last AMPed Up! conference told us.

I talked with Mike who was inspiring and I learnt a lot from his presentation. Everything at AMPed Up was fantastic. I got to meet and talk with new people, and they were all excellent. Thanks so much Limbs 4 Life for organising this incredible event!

Whatever the highest score is, I give AMP-ED Up more. It was absolutely fantastic! I cannot explain how much I got out of it. I can't believe what I've gained from being there. To be able to speak with people who are in a similar situation to myself was so rewarding.

I thought the conference was amazing! The speakers you provided for us had experience and it was great to see and talk to a lot of different amputees and hear about their day-to-day lives. Thanks so much Limbs 4 Life for organising this incredible event!

The AMPed Up 2023 conference was the absolute highlight for me since becoming an amputee 4 years ago! I left the conference feeling so empowered, wanting to get involved with Peer Support and looking forward to the next conference. Thanks so much Limbs 4 Life for organising this incredible event!

Meeting so many other people who are amputees like me made me feel like I'm part of a community. I rarely see other amputees where I live. Amazing!

When can we do that again? AMPed Up was better than I imagined.

My highlight was seeing so many amputees together in the same place. Everyone was so friendly and positive and it gave me a great sense of community. It was an overwhelming experience. Just the best!

Since attending, I have a completely different outlook about what to expect as a new amputee. Now I ask questions because I've realised that I don't have to stay with a clinician that I'm not happy with; I CAN go somewhere else.

# AMPed Up! Exhibitor Hall

## Meet the exhibitors

Limbs 4 Life is extremely grateful to the exhibitors for their support. When you get to AMPed Up make sure you visit all of the exhibitors, ask the questions you want to ask and get access to as much information as you can.

### Major sponsors



**ottobock.**

### Conference partners



### Conference supporters





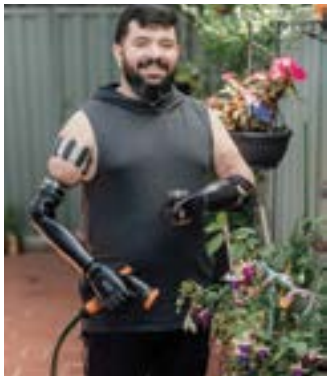


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# AMPedUp! CONFERENCE PROGRAM

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This two-day conference program is jam packed with great guest speakers who will educate, encourage and inspire you!

**Friday March 28**  
**DAY 1: PLENARY**

TIME	TITLE	PRESENTER
8.15am	Registrations open	
9.30am	Opening address	Melissa Noonan   Limbs 4 Life
9.40am	Acknowledgement of country	
9.45am	Meet your AMPed Up Emcees	
9.55am	My journey with limb loss to entrepreneurial success	Kylie Franson
10.30am	Morning tea	
11.00am	Advanced prosthetic technology to meet your goals	Adam Gill   Ottobock
11.45am	Phantom pains revealed Latest insights and treatments	Sam Williams and Jack Devonshire Neura   University of NSW
12.15pm	Surprise session 'Get the JAM on!'	
12.30pm	Lunch	
1.00pm 2.50pm	(Healthcare provider breakout session commences Rooms L1 and L2)	
2.30pm	Latest innovations in socket comfort	Paul Coleman   OPC Healthcare
3.15pm	Understanding your rights	Andrew McKenzie Maurice Blackburn Lawyers
3.45pm	Musical Mystery Madness	
4.00pm	Afternoon tea	
4.30pm	Anything goes - your questions answered Amputee Q & A	Limb-it-less Panel
5.00pm	Closing address	
5.15 - 6.45pm	Welcome event commences	

# AMPedUp! CONFERENCE PROGRAM

educate | empower | encourage

Saturday March 29  
DAY 2: PLENARY

TIME	TITLE	PRESENTER
9.00am	Registrations open	
9.30am	Welcome day 2	
9.45am	Innovative solutions from Ossur	Laura Roberts   Ossur
10.30am	Morning tea	
11.00am	Living life unlimbited	Korrin Barrett
11.30am	Wheelchair tips 101	Beth Sheehan   International Society of Wheelchair Professionals
12.00pm	The high seas of life	Bruce Jacques
12.30pm	Lunch	
2.00pm	Why us? A family response to trauma	Stephen and Kath Tanner
2.30pm	Laughter IS the best medicine	Jan Vaughan
3.00pm	Power of para sport for people with a disability	Campbell Message   PLY Paralympics Australia
3.30pm	Afternoon tea	
4.00pm	Our take home tips - what are yours?	Kath Tanner and Sara Shams
4.30pm	That's a wrap! iPad winner announced	Limbs 4 Life Team
4.45 - 5.00pm	Conference close	

\*Program correct at time of printing

# Korrin Barrett

## Living Life Unlimited

In 2012, New Zealander Korrin was living in Queensland, Australia. Fit, healthy and loving life with her partner, she went to the doctor to have some niggling digestive symptoms checked out. "They told me I had ulcerative colitis and sent me away with some anti-inflammatories."

Fourteen days later, however, Korrin was in intensive care with a perforated bowel requiring emergency surgery to remove most of her large intestine. Her body began shutting down and she was battling sepsis and multiple organ failure. Placed into an induced coma, Korrin's chances of survival were bleak at less than 10 percent.



Nine days later, with Korrin miraculously alive, the decision was made to amputate both legs and her hands due to irreparable damage from sepsis. "I remember being quite calm about losing my legs, but losing my hands was very hard to deal with. I began thinking of all the things I wouldn't be able to do, like feeding and dressing myself, to silly things, like using my hair straighteners. I was in complete shock."

A lengthy seven-month hospital stay followed and being confined to a hospital bed was excruciating. Once out of hospital, Korrin was totally reliant on her partner, Craig, for her personal care. "It was so demeaning. I actually told him to leave me when I woke from the coma. I couldn't get my head around how he would cope. I told him to walk away now, not in two years or five years' time." Craig gave up his job to become Korrin's carer and he's never looked back. "I've just tried to take a positive view and concentrated on getting her back to the independent woman she'd always been. That meant getting her driving again and supporting her through surgery on her legs so she could get in and out of bed without my help."

*The couple, who are now back in New Zealand and living in Havelock North, say humour has been a massive part of Korrin's recovery. "Craig's got some really inappropriate jokes. He's never allowed me to wallow in self-pity. I think the experience has really bonded us and we are closer now than ever."*

Korrin is busier than she's ever been, taking on the public speaking circuit and volunteering in disability advocacy roles within multiple organisations. With Craig's encouragement, she's started mentoring others, and also facilitates inspiring and educative workshops to students, corporates and community groups. "My topics cover survival, resilience and triumph over adversity amongst other things. I try to focus not on what happened to me, but what I've done since and how fitness and good health saved my life. There are three choices when something like this shakes your world – give in, give up or give it all you've got. I chose the latter. Sure, there are things I can't do, like change my shoes or put in my earrings, and there are times I feel frustrated and sad, but I need to remind myself of what I can still do, not what I can't."

Korrin says she's amazed that life is more rewarding now than it was before her ordeal began. "I'm able to spend my days giving back and meeting people from all walks of life. I appreciate what I have and am extremely grateful for the opportunities it has presented to me."

Korrin last attended a Limbs 4 Life event in 2017 and is really looking forward to presenting her story. She also can't wait to catch up with old friends and make new connections. Korrin is a brand ambassador for Taska, President for the Amputee Federation of New Zealand, and a Peer Support volunteer for Peke Waihangā New Zealand. Make sure you say "hello" to Korrin at AMPed Up!



# Steve and Kath Tanner

## Why us?

Whenever someone loses a limb, our first thoughts turn to their recovery and wellbeing. That's as it should be because such events are inevitably life-changing, affecting careers and dreams.

How often, though, do we consider the impact that the accident or surgical decision to amputate a limb or limbs has on other members of the family? Probably not as often, even though the implications of the accident can be far-reaching and extend beyond the victim to include partners, parents, children, family, friends and work colleagues.

Our conference presentation does just that. It talks about our experiences as a family - Kathleen, Stephen, Emilija and Hamish - following an accident in London, in 2010, in which Kath suffered multiple injuries, including a lower left leg amputation and the degloving of both hands.

Our story is a little different to many in that it began 17,000 kms away from home. This



meant that we were away from our children, then aged 17 and 8, as well as our support network - the wider family and friends.

Distance - or the tyranny thereof - to borrow the title of an Australian history book, was a major factor in much our decision-making while Kath was fighting for her life in St Georges Hospital, London. For example, how long would it be before Kath would be allowed to fly home? How do we tell our children? Do we fly them to London to be with their mother?

We talk about our respective hospital experiences - Kath's as the patient, me as the traumatised spouse, the issues that arose and how we dealt with them.

Our experiences, as we explain, were quite different. Kath was ever the practical patient, pushing her body to mend and taking the medical staff along on the road. I, on the hand, adopted a more academic approach, writing a daily diary about Kath's progress, monitoring the wellbeing of the children back home, and starting to ask the questions that would ultimately form the basis of the book which became my writing therapy. There were lots of questions that began with WHY? Not all produced satisfactory answers, but many did. We hope that in sharing our experience we will provide some of the answers that others invariably ask.



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## CONNECT WITH THE ÖSSUR FAMILY HUB

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Scan the QR CODE to  
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Össur Family Hub**



# Campbell Message PLY – Power of para sport for people with a disability

Campbell is a Pathways Specialist with Paralympics Australia. He is a Paralympic Silver medalist in wheelchair basketball and has spent years working in spinal injury rehabilitation, disability sport, research and consultancy. He is passionate about the impact that para sport has on peoples' lives.

"I'm super excited to attend and to present at AMPed Up! as I have felt (and continue to feel) the joy of para sport. To share this with other people with a disability, allied health professionals and more feels like an incredible opportunity!"

"I'll be talking about how people can get into para sport and also some of the benefits. Para sport isn't just about sport, it's about finding a passionate way to engage in healthy but fun activity. It's about being involved in positive communities and normalising living with disability. It's also about a contrast between an often barrier filled general society to one which supports opportunity!"

"While there are a tonne of opportunities for people to get involved in Para Sport with a view to the 2032 Paralympics in Brisbane, it is not all about winning Gold. Entry points to para sport give people a chance to try at their own pace and then, if the bug bites, pathways to performance opportunities will open up!"





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# MOVEMENT THAT MATTERS

See you at  
AMPed Up 2025!



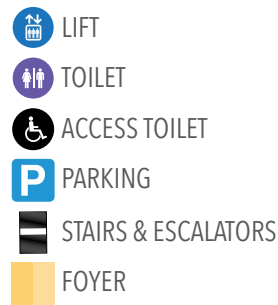
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3D PRINTED SOCKETS

## Healthcare Provider Program

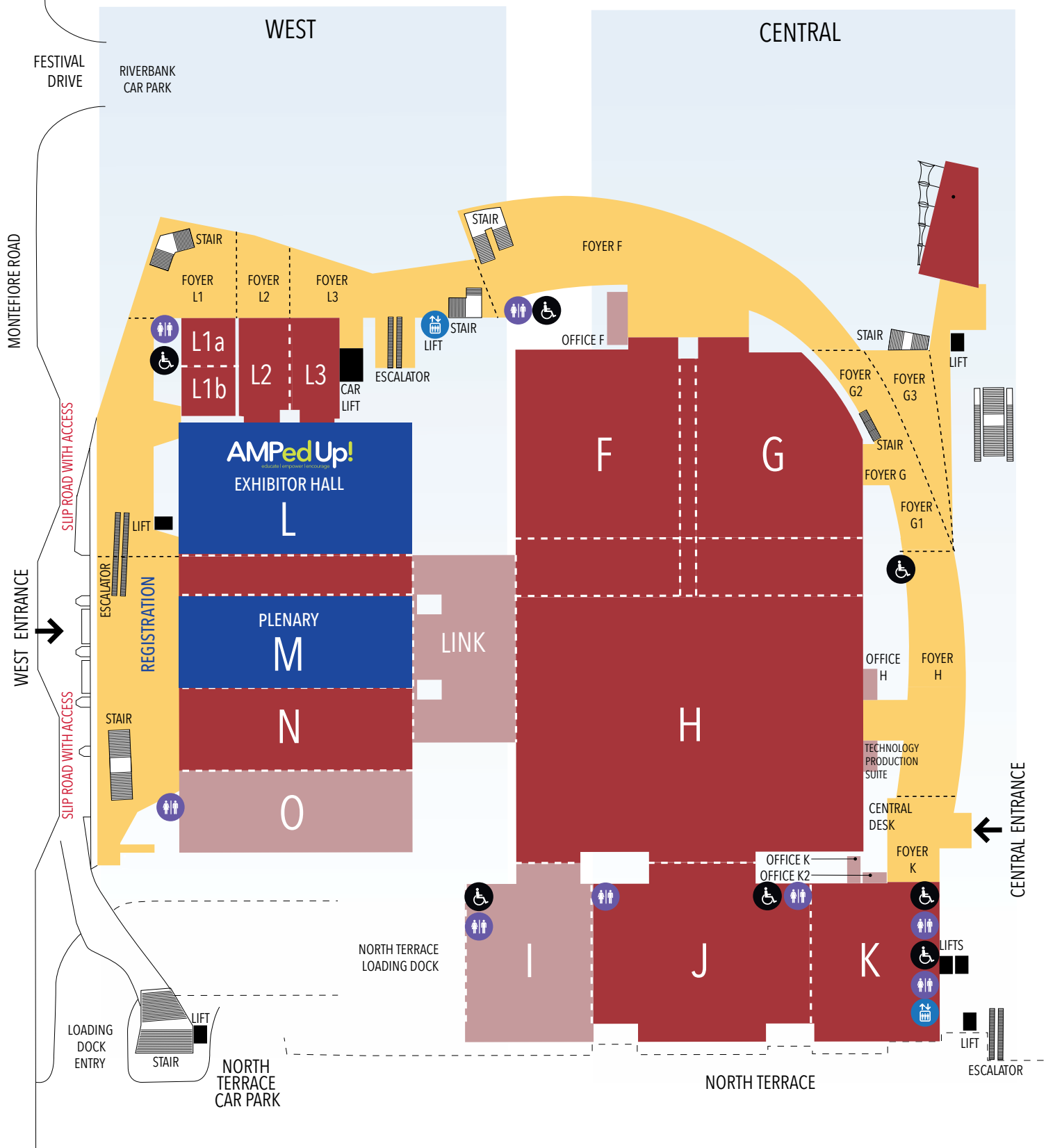
This year the conference will feature a tailored session for healthcare providers who work directly with amputees. The Healthcare Provider Session will be held on Day 1 of the conference, during the lunch break. If you are a healthcare provider working with members of the amputee community or you're interested in hearing about research that has been conducted, or is underway in the field of amputees and their healthcare, then this session is for you! Single day ticket registrations are available.

If you would like to attend the session below, please register your interest as seating is limited.

Healthcare Provider Session		Friday March 28 - ROOMS L1 & L2
TIME	TITLE AND PRESENTER	
1.00pm	Welcome	
1.05pm	<b>Ayla Walker Senior Social Worker   State Rehabilitation Service WA</b> Evaluating the effectiveness of hospital-based peer support for patients following amputation	
1.20pm	<b>Erinn Dawes PhD Candidate Physiotherapist   Illawarra Transitional Aged Care Services NSW</b> Cognition screening pathways for use in inpatient and outpatient settings with patients who are facing for have undergone lower limb amputation	
1.35pm	<b>Jess Archer Occupational Therapist Monash University VIC   PhD Candidate lived-experience researcher</b> A delicate balance: Navigating Primary and Allied Healthcare Funding for Limb Difference and Amputation	
1.50pm	<b>Kimberley Teo A/Clinical Senior Physiotherapist Day Rehabilitation QEH SA Dr Siang Naik Rehabilitation Physician</b> Positive outcomes following amputation for CRPS: A case study	
2.05pm	<b>Courtney Hammond Project Officer SA Aboriginal Diabetes-related Foot Disease program</b> Walking Tall Standing Strong	
2.20pm	<b>Liam Roussos Exercise Physiologist Bachelor Clinical Exercise Physiology</b> Evaluating the feasibility, acceptability, and preliminary clinical efficacy of virtual reality for phantom limb pain	
2.35pm	<b>Sylvie Maiorana Senior Occupational Therapist   Amputee Sir Charles Gairdner OP Health Care Group WA</b> Standing strong resource for Aboriginal people facing amputation	
2.50pm	Session close	



## GROUND LEVEL





# Adelaide Convention Centre

**Adelaide Convention Centre is a purpose-built, accessible venue.**

**Getting to the venue**

If you're coming to AMPed Up you probably need to start thinking about how you will get to the venue.

Below you'll find some information to help you.

*\*The Adelaide Convention Centre is a cashless venue. Card only options apply.*

**Parking**

If you are driving, there are two car parks; Riverbank and North Terrace, which are located directly underneath the Adelaide Convention Centre and operate 24/7. The Riverbank carpark can be accessed via Festival Drive whilst the North Terrace carpark is accessed from North Terrace, immediately below Halls I, J and K.

The following rates are applicable for both car parks:

**EARLY BIRD** rates \$19.00  
Available 7 days for entry between 5.30am - 9:30am and exit between 2.30pm - 6:30pm.

**CASUAL** rates

0-1 HOUR	\$8.50
1-2 HOURS	\$13.00
2-3 HOURS	\$17.00
3-4 HOURS	\$19.00

Lifts are located throughout the venue and provide access to all levels. There are several external lifts that provide access to the Adelaide Convention Centre from both North Terrace and the Riverbank Promenade.

Accessible toilets are available throughout the venue. There are 6 accessible toilets near the AMPed Up conference rooms.

**Taxi and drop off point** - If you are being driven to the venue, ask to be dropped off at the West Entrance on Montefiore Road. There is a slip road which will give you direct access to a ramp. The ramp will take you into the foyer and you'll see the AMPed Up Registration desk upon entry.





## Public transport

Adelaide's public transport network is operated by Adelaide Metro and there are train, bus and tram stops within a short distance of Adelaide Convention Centre. Adelaide's trains, buses and trams are accessible, and ramps are available for boarding and disembarkation. Train and tram stops in Adelaide have a designated boarding area for people with disability and mobility equipment.

You can find information and plan your trip on the Adelaide Metro website.

## Coming from interstate

Adelaide Airport is only 15 minutes' drive to the Adelaide Convention Centre.

# Accommodation ideas!



## ADELAIDE CBD AND ACCOMMODATION

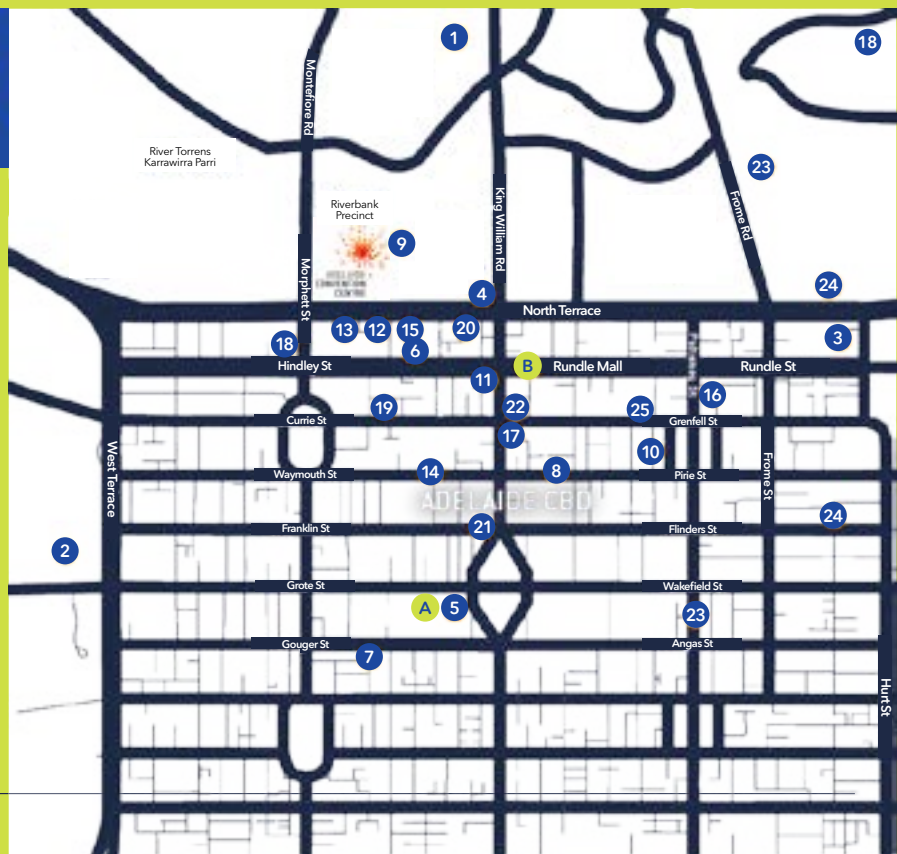
### Shopping Precincts

Adelaide Central Market	A
Rundle Street	B

### Major Hotels

Oval Hotel	1	Oaks Embassy	13
Atura Adelaide Airport	2	PeppersWaymouth	14
Crowne Plaza Adelaide	3	The Playford Adelaide	15
Eos by SkyCity	4	Pullman Adelaide	16
Hilton Adelaide	5	Quest Adelaide Central	17
Holiday Inn Express	6	Adelaide Rockford	18
Hotel Indigo Adelaide Markets	7	Sofitel Adelaide	19
Hyatt Regency Adelaide*	8	Stamford Plaza	20
InterContinental Adelaide	9	Marriott-branded property*	21
Mantra Hindmarsh Square	10	Wyndham Grand Adelaide*	22
Mayfair Hotel	11	Tryp by Wyndham	23
Oaks Horizon	12	Vibe Hotel Adelaide	24
		ibis Adelaide	25

\* In development





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**oapl Joondalup is now seeing Prosthetic patients, please call (08) 9381 3444 to book an appointment.**

We are also recommencing our Shepparton and Mildura clinics!

**+oapl.** Clinical Services Group



**See you at  
AMPed Up  
2025!**

For more information on our services and clinical locations, call us on **1300 866 275** or visit [www.oapl.com.au](http://www.oapl.com.au)

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## Meet other amputees

AMPed Up is an opportunity for amputees to connect, learn and access information that can improve their quality of life. Partners will learn more about supporting their loved one and get to meet and connect with families in similar situations. The AMPed Up National Amputee Conference is the biggest amputee event in the Southern Hemisphere!

Limbs 4 Life organise amputee support groups in various locations around the country. The groups meet socially for lunch, dinner or at cafes, and offer an informal setting for amputees and their partners to get together in a comfortable and relaxed environment. For people who have never met with another amputee or who missed out on receiving peer support, support group members can help to answer questions, discuss topics of interest and provide a social opportunity for amputees and their partners to get together.

For more information about support groups, you can visit our website or call the office directly to find out if there's a group in a location close to you.

### Local area support groups can be found in:

Adelaide  
Bendigo  
Blackburn  
Brighton  
Brisbane  
Geelong  
Gold Coast  
Launceston  
Petersham  
Mildura  
Mornington Peninsula  
Penrith  
Perth  
Preston  
Wodonga

**REGISTRATION OPEN**



**APRIL 4-6, 2025**

**NATIONAL AMPUTEES CONFERENCE  
CROWNE PLAZA HOTEL, CHRISTCHURCH**

**AMPower NZ!**

**INSPIRE – INFORM – LIBERATE**

Please click on the link below to fill out your registration form asap to not only secure your spot at AMPower NZ 2025 but to choose the activity you most want to partake in. Registration closes 5pm 14 February 2025.

<https://forms.gle/RKvxfzPwEQwGPyMK8>

**Amputees Federation of New Zealand Inc.(AFNZ) is excited to announce that they are hosting AMPower NZ 2025 in Christchurch, 4-6 April. The Crown Plaza will be the venue for AMPower NZ over this amazing weekend.**

The Crown Plaza is an amazing hotel that has been built as an accessible facility in the center of the Garden City, Christchurch. For those who attended conference in 2023 you will remember how good the accommodation is. Every room was designed with great layout, even the standard rooms were accessible.

AFNZ is extremely grateful to all of our amazing sponsors and can confirm that at this AMPower NZ we will have exhibitor rooms and we are proud to be welcoming both returning and new exhibitors.

## **Registration**

Registration is now open and will close at 5pm on 14 February 2025. Please note, activities on Saturday afternoon are open to all participants this year but you must rank the activities in order of preference before submitting your form.

Just click on the link either below or on the flyer above.

<https://forms.gle/RKvxfzPwEQwGPyMK8>



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ADVERTORIAL

# Introducing **APC UPPER X**

NSW's only Upper Limb Specialty Clinic

## **Dedicated to Excellence:** Comfort, Function and Lifestyle in Upper Limb Prosthetics

The APC Prosthetics group began in May 1998 with four founding members with extensive clinical experience. The vision was clear, to achieve the best outcome for every client, by providing the highest level of comfort, function and lifestyle.

Today, APC Prosthetics operates five purpose-built clinics in NSW and is a trusted prosthetic provider for the amputee and limb difference community. The latest addition is APC Upper X, located in Sydney and is specifically designed to focus on upper limb prosthetics.

### **Why APC Upper X?**

Upper limb prosthetics require specialised expertise because each user's needs are unique. Hands and arms must perform a wide range of precise movements, like gripping, pointing, or twisting.

Our prosthetists at APC Upper X are skilled in designing devices that replicate the complex functions of the human hand, utilising advanced technology like sensors or myoelectric systems, these prosthetics can respond to muscle movements, providing users with greater control and functionality.

### **Innovative Rehabilitation Space**

At APC Upper X, our focus is on helping clients regain independence in their everyday lives. Our new clinic offers a dedicated upper limb training space, specifically designed for upper limb prosthetic

users. In addition to the usual walking gym, you will find a fully operational kitchen and virtual reality skills building programs to help users practice essential skills with myoelectric devices.

**“Our goal is for prosthetic users to begin to learn basic tasks, but over time, to integrate the prosthesis into more complex and varied activities to perform tasks at work and participate in recreational activities.”** – Stefan Laux, Prosthetist at APC Upper X.

### **Cutting-Edge Technology**

APC Upper X is equipped with the latest in prosthetic technology, designed to provide faster fittings and enhance user confidence. For example, our state-of-the-art digital scanner can map your limb and produce an accurate 3D printed check socket overnight!

### **Multidisciplinary Team Support**

Two of our most accomplished prosthetists, Stefan Laux and Gavin Shnier have relocated to APC Upper X, supported by an integrated team, they are dedicated to helping you succeed in your rehabilitation journey.

Stefan and Gavin work in partnership with hospital rehabilitation doctors, occupational therapists and physiotherapists to ensure you receive comprehensive care, enabling you to adapt and thrive with your prosthesis.

## Tom's journey

Meet Tom, a long time APC Prosthetics client born with limb difference. As an ecologist and a dedicated father, Tom's passion for the natural world has shaped both his personal and professional life. Born with only one hand, Tom has faced challenges head-on, with the support of his APC Prosthetists, who've helped craft his myoelectric arm and specialized attachments for everything from workouts to using a compound bow.

Through his company, Hooked on Nature, Tom shares his love for local ecosystems with the community, encouraging engagement with all forms of life, even spiders and snakes! His message to fellow amputees:

*“Learn to love yourself as you are, and then incorporate your prosthetic into your life.” – Tom*

## Contact Us

If you're curious about what we can offer, don't hesitate to reach out! You can contact our new clinic to book a complimentary initial appointment. Or, if you prefer, speak to your healthcare provider at the hospital amputee clinic you attend to learn more about our services. We look forward to welcoming you to our community and hope to see you soon!



## DID YOU KNOW?

*Around 10% of prostheses in Australia are for upper limbs. Most of these are below the elbow. The average age of users is 34, with men outnumbering women 3 to 1.*

VISIT OUR NEW

# APC UPPER X CLINIC

An Innovative Upper Limb Prosthetics Clinic



UNIT G.01, 182 - 184 BOURKE ROAD ALEXANDRIA, NSW 2015

(Just 300mm from APC Alexandria)

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## Explore Adelaide

Adelaide is a vibrant city that offers a perfect blend of culture, nature, and adventure. From stunning beaches to rolling hills, world-class wineries to award-winning restaurants, Adelaide is the perfect destination.

If you're coming to AMPed Up you might like to explore further Adelaide is a city that has something for everyone.



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### ENQUIRIES

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